Lights, Camera, Action!

Problems, Problems, Problems

You want me to tell you about my life. Well, let me tell you, if you have the time. Everything is a problem, and I'll begin with my boss. He's just plain gross. If I sued him for harassment, I'd win – no problem. But, I don't have the money. My husband is out of work, and the kids just want money right and left. The neighbors throw their trash over the fence, and the dog gets sick eating all the junk. My mother still hates my husband even after all these years, and my father never speaks to any of us. My daughter was suspended from school for fighting – my daughter! It was humiliating and I just want to wring her little neck. Shall I go on?

I thought that when I put the Ba-gua mirror over the front door things would get better. I don't even want to talk to the person who told me to put it there. So, now you're here.

Advice from Professor:

- Do not get caught in the details. If you can see the big picture and do just the right thing at just the right moment, other things will sort themselves out naturally. Do not overdo. You will confuse everyone. Trust your knowledge. Honor your first inspiration.

Note from Katherine:

- More often than not, I find that clients have exactly what is needed. It is certainly true here. What does this client have that you can use to set everything straight?

  Write your thoughts here before you read on.

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Professor's Suggestion:

- When there is more than one problem to be solved, or when there are so many that life has become overwhelming, you can use the Former Heaven *Ba-gua* to change the circumstances. Hang it upside down, placing the trigram for Earth at the top (instead of the trigram for Heaven). This is a wonderful adjustment for the area above the outside of the main door. Here is Professor's explanation:

    - You have changed your way of looking at life. It is as if you are standing on your head. Your view will undoubtedly be different. This is a good thing.
    - Now, instead of Hexagram 12, Heaven over Earth, you have Hexagram 11, Earth over Heaven. It is important to read both! Read the *I Ching* often.

Katherine's notes directly from the *I Ching*:

- **Hexagram 12:**

    - Misfortune
    - Going in opposite directions
    - Remain calm and upright.
    - Do not compromise with the evil majority.
    - Humiliated by inferior influences
    - Rebuild yourself calmly and firmly.
    - Stay alert, plant roots deeply and firmly.

- **Hexagram 11:**

    - Peace, harmony, and good opportunity
    - In a time of prosperity something small is given and something large is returned. Little effort brings a big reward. Good fortune. Proceed.
    - Spring, when all things grow and prosper
    - Earthly yin energy is descending, and Heavenly yang energy is ascending. They meet, commune, and peace and harmony are established.

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- A time of renewed personal growth and self cultivation
- A state of balance, avoiding extremes
- Good connections
- Harmonizing opposites
- Be faithful, have no worries.
- Share with others; cooperate with one's neighbors.
- Value the good times.

I think you can see how it may be possible for all things to happen naturally without creating confusion, doing more than is necessary, or getting caught in an endless list of detailed complaints.

Trust the power of the messages from the *I Ching*.

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