Lights, Camera, Action!

Successful, But . . .

I am doing very well. My business is good, and getting better all the time. I love my husband and children, and they are all well – doing well in school and my husband just got a promotion and we will be moving to Chicago – which has been a dream of ours – to return home to the lake. We are all well, and this is just the best time in my life. But, I just cannot, cannot, cannot feel as if I deserve all this. I constantly look around and ask, "Why me?" Everyone else should have all this. Not me. I constantly feel guilty. Nights are the worst, and I often cry myself to sleep – feeling I have too much. I'm worried that this may harm my family.

Professor's advice:

- Have her do the Astral Body Meditation to overcome her sense of inferiority. She will then not be bothered by her position in regard to others. She will have gotten rid of "I." Keep this distinction in mind. You will find the meditation in Module 4, Mad About Money, Trade Secrets.

- He also reminded us that her humility added to her success.

Special trigram note:

- You might check what is happening in both Knowledge and Partnership. Combined, the trigrams contain five yin lines and a single yang line. However, while yin is the predominant quality of this trigram pair, the yang line in the top position of Knowledge defines the pair's dynamic nature. It is in the position of Heaven or Spirit and stimulates the three yin lines of Partnership. They respond—giving form to this universal, heavenly influence as "embodied self-awareness." If there is trouble in either of these *guas*, there may be resistance, denial, or isolation.

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